



TITLE:

Multidisciplinary support for a family with a child suffering from an eating disorder

The article will familiarize participants with the functionality of the multidisciplinary team of the Anabell Center and the staff of the Velká Bíteš Children's Psychiatric Hospital and will present a case study of the team's work with a family with a child suffering an eating disorder.

Name: Eva Slezáková, Jana Sladká Ševčíková

Affiliation: Centrum Anabell, z. ú.

Country: Czech Republic

Email ID: eva.slezakova@anabell.cz

ABSTRACT (upto 300 words)

Multidisciplinary support for people with an eating disorder and work with the whole family in the case of a child with an eating disorder has a significant place. Another important aspect is the timely diagnosis and recognition of this disease and the subsequent timely provision with a professional support. In the contribution, we will introduce the participants to a casuistic case of the work of a multidisciplinary team, which was composed from experts from the Anabell Center and the Velká Bíteš Children's Psychiatric Hospital. In addition to a professional family support based on the principles of multidisciplinary and open dialogue, the team's work focused on working with the outputs of piloted diagnostic online tools and supporting the child and parents in improving their situation. One of the diagnostic tools was intended for children and monitored and mapped the child's risk of mental health, the other diagnostic tool then mapped the degree of parental competence of the child's parent in a situation where the child is at risk of developing or already going through a mental illness. The outputs of the work of multidisciplinary teams and piloted diagnostic tools were evaluated. The obtained evaluation outputs will be part of the presented contribution.

BIOGRAPHY (upto 200 words)

Eva Slezáková Graduate of UPOL, Faculty of Education (subjects Psychology, Somatology, Nursing, etc.) obtained Master's degree, Basic training in Open Dialogue (128 hours), Complex training in solution-oriented psychotherapy (710 hours), Psychotherapeutic approaches in the scope of 240 hours, supervisory training 90 hours, experience as a quality manager at DPN Velká Bíteš, since 2016 methodologist and project manager at the Anabell Center. From 2023, director of the Anabell Center.

Jana Sladká Ševčíková. At the PdF MU in Brno (psychology, pedagogy, philosophy; obtained the PhDr. degree), the degree of Ing. obtained at FS BUT Brno in the field of Economics and Management; Training in solution-oriented supervision (430 hours), Training in solution-oriented coaching with individuals, teams and groups in the context of social services (256 hours), Annual training in HR (75 hours), Gestalt coaching (82 hours), self-experience training "Psychotherapeutic approaches" (240 hours) and a number of other short-term courses; founder of the Anabell Center in 2002, experienced quality inspector of social services; manager for the quality of care within the framework of the Reform of Mental Health Care (MOH CR).



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Presenter Name: Eva Slezáková
Mode of Presentation: Poster
Contact: eva.slezakova@anabell.cz



Presenter Name: Jana Sladká Ševčíková
Mode of Presentation: Poster
Contact: jana.sladka@anabell.cz

