



TITLE: Psychotherapy of psychoses within the day care center

Name: Miloslav Maňhal

Affiliation: outpatient psychiatrist, Psychiatrie Vinohrady s.r.o., Praha 2

Country: Czech Republic

Email ID: manhal@volny.cz

ABSTRACT

The aim of this study was to evaluate the psychotherapeutic approach to patients diagnosed with the psychotic spectrum within the day care center. There is an eclectic therapeutic approach with a combination of psychotherapeutic methods and techniques and their application based on our practical experience in the treatment of psychosis and the latest research findings in this field. Effective intervention is clinically evaluated from the perspective of current psychopathology, degree and type of remission achieved and subjective evaluation of the development of mental state. The clinical evaluation is based on objective and subjective psychometric scales PANSS, CGI-S, PSP and WHOQOL-Bref. The data are processed by non-parametric and parametric statistical tests, including assessment of correlations between scales.

The result of the study is the required improvement of the indicators of symptomatic remission despite its sufficient initial level, the expansion of the functional work and social potential accompanied by an adequate adjustment of the subjective condition above the population norm. The results obtained are clinically and statistically significant with limited sample size and test power. The findings of this pilot study serve to modify the design of the long-term study, particularly by expanding the sample size, creating a control population sample, and including more sensitive scaling and software tools.

BIOGRAPHY

I completed my studies at the Faculty of General Medicine of Charles University in Prague with a graduation in June 1994. Most of my medical practice is in the field of psychiatry, gradually from an inpatient facility through care in a day hospital to the current outpatient clinic. I obtained a specialized qualification in the field of psychiatry in November 2017.

Due to my interest in the statistical processing of health information, I also worked for one year in the healthcare field of hygiene and epidemiology and further developed this knowledge in the form of seminars, courses and studying biostatistics as part of my postgraduate studies. I subsequently used clinical experience together with the epidemiological processing of medical data in a pilot study of the treatment of psychotic spectrum disorders. During this study, I also continued to develop diagnostic and treatment software, which I am interested in integrating as an important standardized guideline in the comprehensive personalized care of our patients.



4th International Conference on
NEUROSCIENCE AND PSYCHIATRY
November 14-15, 2024 | Bangkok, Thailand



my photo

Presenter Name: Miloslav Maňhal

Mode of Presentation: speaker / online mode (webinar)

Contact number: +420 773 441 399

