



## TITLE: A new look to the Anorexia Nervosa problem

**Name:** Salvatore Di Costanzo

**Affiliation:** Psychology at Ananke

**Country:** Naples (Italy)

**Email ID:** saviodicostanzo@gmail.com

### ABSTRACT

Anorexia nervosa is one of the most widespread psychopathological disorders of the 21st century. At the center of this pathological condition, we find an existential suffering expressed through the body.

The author, with the aid of the phenomenological and psychoanalytical perspective, defines the body of the anorexic subject as a dead body, a body without desire. In existential terms, the closure to the world represents the crucial element of the clinic of anorexia, a closure that is expressed through a loss of desire. The anorexic subject thus appears interested in preserving only the physiological dimension of the body, rejecting the affective-pulsional part. Following the difference made by Merleau-Ponty between *corpe propre* and *corps objectif*, the author observes how anorexia is characterized by a logic focused on having a body, rejecting the dimension of being a body. The final part of the article also discusses the position of the anorexic subject with respect to the dimension of space and time from a phenomenological perspective. The encounter with anorexia, from a phenomenological point of view, exposes the clinician to a double problematic: the relationship of the Subject with the body and the "NO" of the anorexic as a rejection of the other. The clinic of anorexia puts the mind-body nexus in the foreground, becoming paradigmatic for the elaboration of theoretical devices that allow one to illuminate the relationship between the Subject and one's own body, and how this relationship can decline towards a psychopathological sense.

### BIOGRAPHY

Salvatore Di Costanzo graduated in Clinical Psychology at the age of 24 with a thesis on the relationship between mentalization and psychopathology. Subsequently he began to work for the national association Ananke dedicated to the treatment of eating disorders, carrying out clinical consultancy and research activities. Currently attending the fourth year of specialization in psychotherapy. He works in a community for adolescents with severe forms of psychopathology. In recent years he has published several articles in international journals.



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**Mode of Presentation:** Oral  
**Contact number:** +39 (345) 7179878



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1309 Coffeen Avenue STE 1200, Sheridan, WY 82801, United States  
[www.scientexconference.com](http://www.scientexconference.com)

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[neuroscience@scientexconferences.com](mailto:neuroscience@scientexconferences.com) 

+1-346-291-8309 