TITLE: Moral Type of Thought-Action Fusion Bias in OCD

Name: İlkyaz Kaya Yıldırım
Affiliation: Research Assistant at Izmir Katip Celebi University
Country: Turkey
Email ID: kayailkyaz@gmail.com

ABSTRACT (upto 300 words)

"Thought Action Fusion" is a cognitive bias that is particularly observed in Obsessive Compulsive Disorder and it refers to appraisals of close association of thoughts in morality and likelihood dimensions and their real-life effects. Although empirical findings mostly highlighted the critical role of Thought Action Fusion in likelihood dimension in psychological problems, in recent years, it is remarkable that with its salient manifestations in individual and social levels, there are increasing number of scientific research on the Thought Action Fusion-Morality subtype in many aspects such as its relationship with superstition, religiosity, cultural values, emotions like guilt, contextual factors, psychological problems and intervention techniques. When we look at the literature, it can be said that moral thought action fusion is related to variety of factors such as the level of religiosity, believing in different religions, cultural values, having different psychopathologies, and the characteristics of the object of fusion. According to recent findings, level of being religious and spiritual is related to especially moral dimension of thought action fusion. In addition to these, it is seen that not only being religious, but also being religious in different religions are related to the fusion experienced in the moral dimension. Especially the studies which compare different religions in terms of moral fusion beside the religiosity level, shed light on the discriminative characteristics of moral fusion. In addition to the level of religiosity and different religious characteristics, cultural factors are also effective on moral fusion. The current studies that focuses on moral dimension of thought action fusion provide remarkable information about the importance of interventions targeting specifically moral aspects of fusion and what particular features these interventions should have.

BIOGRAPHY (upto 200 words)

İlkyaz Kaya Yıldırım is a clinical psychologist and research assistant in the Department of Psychology at Izmir Katip Celebi University, Turkey. She graduated from Bilkent University Department of Psychology, she completed her master's degree in Clinical Psychology at Ankara University, and she is currently a PhD candidate at Dokuz Eylul University. In her clinical psychology master's thesis, she examined the relationships between OCD, perceived parenting styles and guilt-shame in the context of schema therapy point of view. She is currently studying on developing an intervention protocol for prenatal anxiety disorders for her doctoral thesis. Her research topics of interest are health psychology, prenatal psychopathologies, OCD, anxiety disorders, schema therapy, emotion regulation and post-traumatic growth. Besides her academic studies she also works as a psychotherapist.

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✉ neuroscience@scientexconferences.com

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📞 +1-346-348-1205

Presenter Name: İlkyaz Kaya Yıldırım
Mode of Presentation: Oral
Contact number: +90 (538) 6760297